HIGHLAND FLY FISHING EXPEDITION CAMP PACKING LIST

▪ Label the following items with your child's name
▪ Bring only what you need and pack everything in **ONE** duffel bag and a daypack.

CLOTHING

☐ T-Shirts [3]
☐ Long Sleeve Sun Shirt [2] (Hoods recommended)
☐ Hiking/Fishing Shorts [2] (QuickDry Synthetic Material recommended)
☐ Underwear [5]
☐ Crew Socks [5]
☐ Wading/Camp Shoes - These must have a heel strap for fishing, swimming, and wearing around camp. Flip-flops or Crocs are ***NOT*** acceptable for wading in moving rivers. Chacos, Tevas, or Keens all work great; so do OLD SNEAKERS.
☐ Sneakers - Pair that can get dirty and can walk a distance in, can be the same as your Camp Shoes.
☐ Waterproof/Breathable Rain Jacket
☐ Sweatshirt or Fleece Pullover [1]
☐ Pants [1] (QuickDry Synthetic Material recommended)
☐ Bathing Suit [1]
☐ Hat with Visor

MISCELLANEOUS GEAR

☐ Wristwatch - Inexpensive and waterproof
☐ Sunscreen (SPF 15+), Chapstick (with SPF protection) & Insect Repellent
☐ Towel - Medium-size synthetic camping towel.
☐ Personal Journal or Notebook
☐ Book
☐ Toiletries - All items should be travel size. If necessary, you will be able to restock during the trip.
☐ All necessary medications to be given to head guide.
☐ Headlamp & Extra Batteries
☐ Water Bottles - One 1-liter Nalgene (or similar) water bottle. Stay away from the flip top variety.
☐ Plastic Bags - FIVE Large 1-gallon Ziploc bags used to organize and waterproof your gear and TWO garbage bags
☐ Spending Money - $25 in cash or a debit/credit card for trips to Fly Shops or snack stops

REQUIRED FISHING GEAR

☐ Virginia Freshwater Fishing License w/ Trout License (if age 16 or over)
☐ Fishing Waders - Get the cheapest you can from Amazon
☐ Wading Boots - rubber-soled preferably, worn over wader socks or on their own.
☐ **OPTIONAL** - 5 wt or less Fly Rod and Reel (Virginia Outside will have plenty of fly rods!)

CAMPING EQUIPMENT

☐ Duffle Bag - Waterproof is best. To store personal belongings while traveling and when camping
☐ Small Day Pack - This will be used to carry daily personal items, It should be big enough to hold your lunch, water bottle, snacks, tackle, and dry clothes (when needed)
☐ Sleeping Bag and Stuff Sack - We recommend a compact sleeping bag (synthetic) that can be packed away into a stuff sack. Grab a cheap one on Amazon!

OPTIONAL GEAR

☐ Digital Camera or GoPro & Extra Batteries. Great for documenting the trip. Make sure you bring a large enough memory card (1 to 4 GB).
☐ A selection of your favorite trout or warmwater flies
☐ Small fly fishing net with rubber net material
☐ Interactive Games/Cards/Activities to share with peers

COMMUNICATIONS

▪ **No cell phones allowed.** To maximize independence and self-reliance, we try to limit phone calls, emails, or text messages to or from our students (except in the case of an emergency). Much of this trip may be out of cell phone service.
▪ In the case of an emergency, we will make sure you are in touch with your child as soon as possible.

PERSONAL ELECTRONICS

▪ **We are Screen Free.** We do not permit personal electronics (e.g. Kindles, iPads, etc.).

Virginia Outside is not responsible for any student's personal property, including but not limited to: phones, electronics, cameras, camping/fishing equipment, and clothing.

Contact virginiaoutside@gmail.com with any questions!